

Main Courses

From the Char grill

16oz T Bone Steak £18.95

A monster, cooked to your liking and served with all the trimmings

8oz Sirloin Steak £14.95

Cooked to your liking and served with all the trimmings

8oz Fillet Steak £18.95

A prime centre cut fillet cooked to your liking

'Fully's Burger' £8.95

A 6oz handmade burger, topped with bacon and mozzarella

In a soft bap with crisp salad leaf and crunchy onion

From the Grill

Chicken Fullbrook's £12.95

A 6oz breast topped with bacon and Mozzarella,
served with BBQ sauce and all the trimmings

Garlic Chicken £12.95

Pan fried in white wine and garlic with shallots
and mushrooms, then finished with cream.

Spicy Cajun Chicken £12.95

Marinated in Cajun spices and served with garlic mayo
And all the trimmings

Mediterranean Chicken £12.95

An oven roasted breast in a fresh tomato, basil, red onion
and pepper sauce

Red Currant Lamb £14.95

A welsh chump steak served with our red currant and Madeira jus

Mustard Pork	£12.95
2x4oz loin fillets pan fried in cider and wholegrain mustard, With shallots and mushrooms, finished with cream	
Garlic Lamb Shank	£15.95
A slow roasted tender Welsh lamb shank in a garlic and rosemary jus.	
Pan Fried Duck Breast	£15.95
A large succulent breast pan fried, served with our Madeira sauce. Served pink unless otherwise requested	

Fresh fish

Fresh Salmon Fillet	£13.95
A large fresh fillet simply grilled with a little herb butter	
Fresh Hand Battered Hake	£10.95
Battered and cooked to order, a large fresh fillet in Our own special batter, perfect with peas and chips!	

Vegetarian Dishes

Roasted vegetable Lasagne	£11.50
Oven roasted vegetables in a rich ragu topped with a white Cheese sauce and grated Mozzarella	
Vegetarian Glamorgan Sausages	£11.50
Caerphilly cheese, leek and mash potato in a seasoned Breadcrumb served with homemade red onion chutney	
Spicy Red Bean Chilli	£10.50
5 bean spicy chilli served with rice tortilla's	
Pasta Broccoli and Tomato Bake	£10.50
Pasta and broccoli in a rustic tomato sauce topped with A white cheese sauce and Mozzarella	

Extra's

Hand battered onion rings	£2.25
Pan fried mushroom's	£2.50
Garlic baguette	£2.25
Hot French baguette	£1.95
Sauces - Diane, Peppercorn or Garlic & Mushroom	£2.50

All our meals are cooked to order and come with a selection of fresh vegetables and choice of homemade chips, sauté, new or jackets potato. (Unless otherwise stated) We use locally sourced produce where ever possible. All our meat comes from Welsh stock.

If you have any dietary requirements or food allergies please make them known to the waiting staff.